Instant Pot Bean Cook Time Tables

Below are tables of cooking times for various dried beans.

Bean	Soaked	Un-soaked	Bean to Water Ratio	Max Dried Beans
Adzuki Beans	6-9 minutes	15-20 minutes	1:3	
Black-Eyed Peas	3-5 minutes	7-9 minutes	1:2	
Navy Beans	5-8 minutes	15-20 minutes	1:3	
Black Beans	9–11 minutes	22–27 minutes	1:3	
Cannellini Beans	9–11 minutes	22–27 minutes	1:3	
Cranberry Beans	7–9 minutes	20–25 minutes	1:2	
Chickpeas	12–15 minutes	35–45 minutes	1:3	2 cups
Kidney Beans	9–11 minutes	22–27 minutes	1:3	
Lima Beans	7–9 minutes	20–25 minutes	1:2	
Pinto Beans	4–6 minutes	15–20 minutes	1:3	
Soybeans	18–23 minutes	40–45 minutes	1:2	

- I find that adding aromatics and a pinch of kosher salt greatly enhance the flavor of the beans.
- I like to chop up halve an onion, and a few garlic cloves and add those to the pot. I'll toss in a bay leave too.
- Sometimes I'll add various dried spices as well, depending on the bean I'm cooking.

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